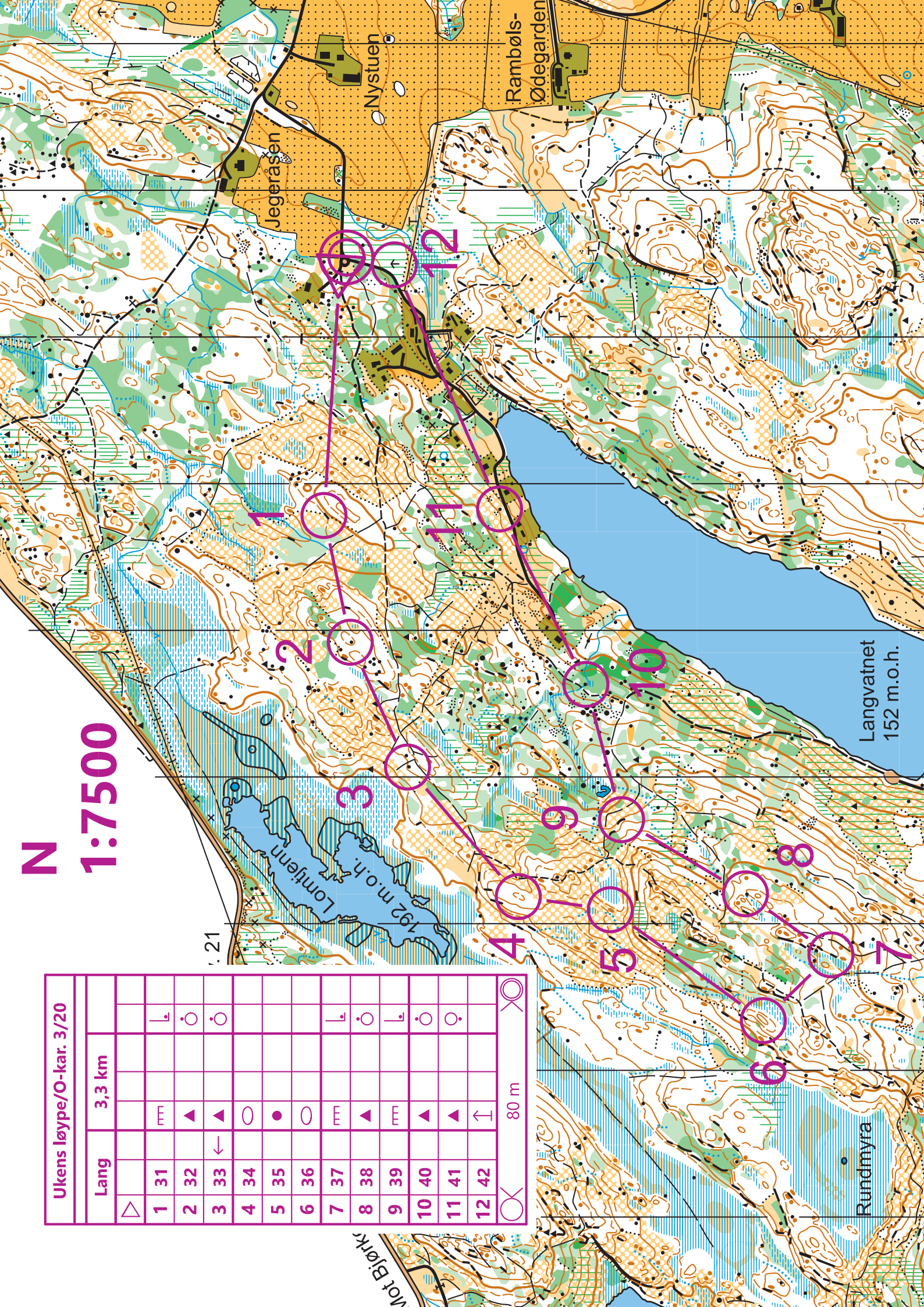


N
1:7500

Ukens løype/O-kar. 3/20		3,3 km	
Lang			
△			⊗
1	31	▬	⊗
2	32	▲	⊗
3	33	←	⊗
4	34	○	
5	35	●	
6	36	○	
7	37	▬	⊗
8	38	▲	⊗
9	39	▬	⊗
10	40	▲	⊗
11	41	▲	⊗
12	42	↑	⊗
			80 m



1:21

Lomtjenn
192 m.o.h.

Langvatnet
152 m.o.h.

Rundmyra

Mot Bjørk

Jegerasen

Nystuen

Rambøls-Ødegarden